

hello seniors

Support Starts Here

What is Hello Seniors?

The Edmonton Seniors Coordinating Council (ESCC) brings together seniors-serving and non-profit organizations to provide frontline support to **older adults aged 55 and over**, helping them lead safe, healthy, and socially connected lives.

Through **Hello Seniors** (formerly known as *Seniors Coordinated Outreach*), we provide culturally responsive services that build resilience and promote understanding.

Our team can help you in many ways, including:

- Finding housing, food, or transportation options
- Applying for government benefits (if eligible)
- Exploring educational and recreation programs
- Connecting with healthcare professionals when needed
- Finding reputable service providers for snow removal, yard maintenance, light housekeeping, and personal services
- Understanding decision-making tools and how to use them
- Addressing complex issues like mental health and feeling alone
- Clarifying your needs and goals based on readiness and available resources
- ...And much more!

Our program is delivered by social workers, outreach workers and support staff who speak more than **20 languages combined**. We are committed to providing respectful and fair help for all seniors, including those who are 2SLGBTQ+, Indigenous, or new to Canada.

Interested in accessing services?

To streamline service delivery, seniors are now able to call **211** and press **2** for the Seniors Information Phone Line.



A **211 Community Resource Specialist** will guide you to one of the organizations that can support you. You can also contact one of our partner organizations directly. See map on back page.

Want to learn more about Hello Seniors?

Scan the QR Code below!



Our Partnering Organizations



- 1

**Bent Arrow
Traditional Healing Society**
11648 85 Street NW | Edmonton, AB
T5B 3E5 | (780) 481-3451
- 2

**Jewish Family Services
(Welcomes all individuals)**
104 15023- 123 Ave NW | Edmonton, AB
T5V1J7 | (780) 454-1194
- 3

Newcomer Centre
10170 112 St NW | Edmonton, AB
T5K 2L6 | (780) 424-7709
- 4

The Shaama Centre
329 Woodvale Rd W | Edmonton, AB
T6L 3Z7 | (780) 465-2992
- 5

Westend Seniors Activity Centre
9629 176 St NW | Edmonton, AB
T5T 6B3 | (780) 483-1209

- 6

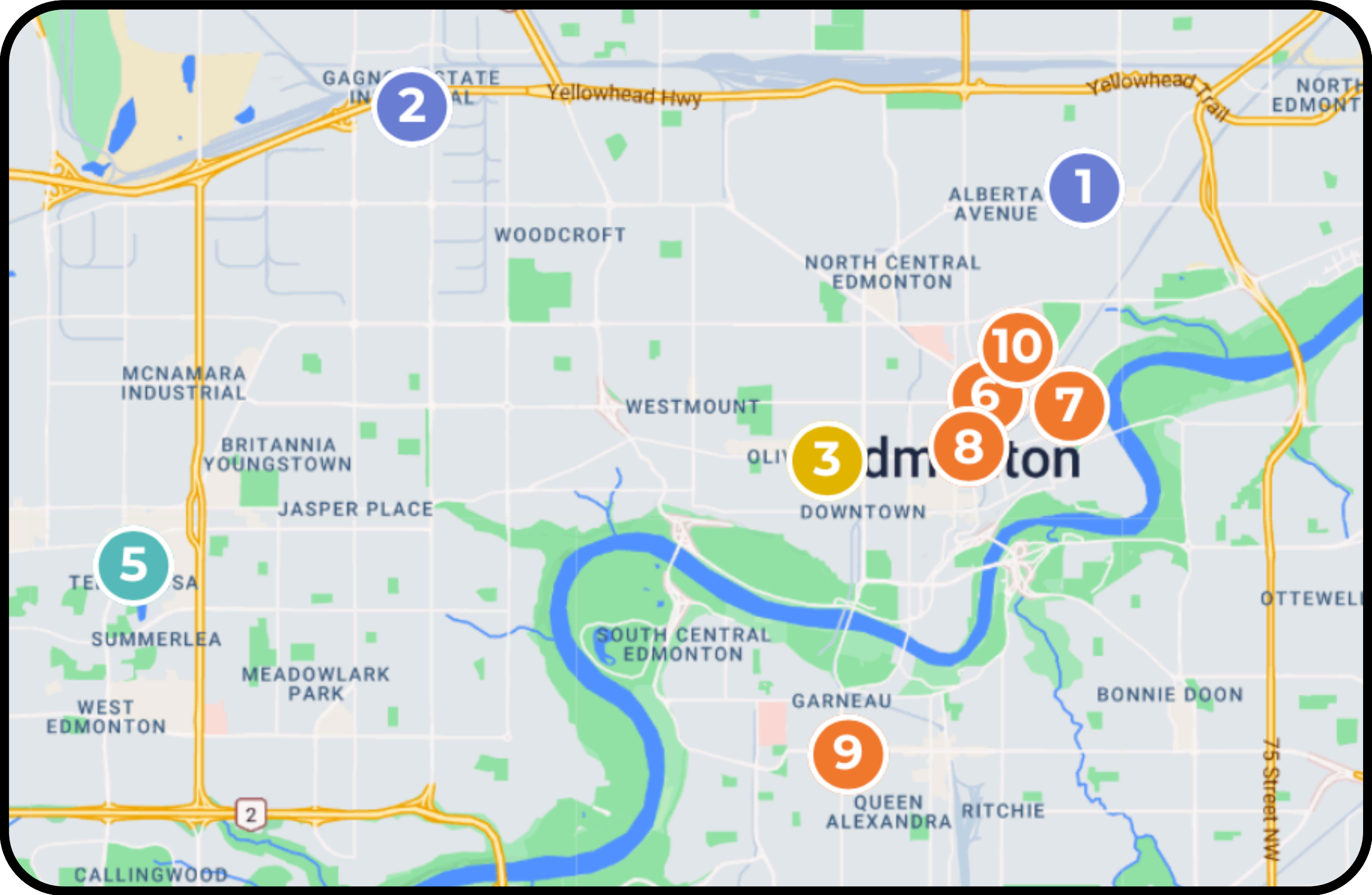
ASSIST Community Services Centre
 - 9649 105A Ave | Edmonton, AB
T5H 0M3 | (780) 429-3111
 - 810 Saddleback Rd NW | Edmonton, AB
T6J 4W4 | (780) 429-3111
- 7

Operation Friendship Seniors Society
10310 93 Street NW | Edmonton, AB
T5H 1X1 | (780) 429-2626
- 8

Sage Seniors Association
15 Sir Winston Churchill Square | Edmonton
AB T5J 2E5 | (780) 423-5510
- 9

Strathcona Place Seniors Society
10831 University Ave | Edmonton, AB
T6E 4R1 | (780) 433-5807
- 10

Multicultural Health Brokers Cooperative
9538 107 Ave NW | Edmonton, AB
T5H 0T7 | (780) 423-1973



**Find the
organization
closest to you!**

- North Zone
- South Zone
- West Zone
- Central Zone



EDMONTON
SENIORS
COORDINATING
COUNCIL

FCSS
Family & Community
Support Services

