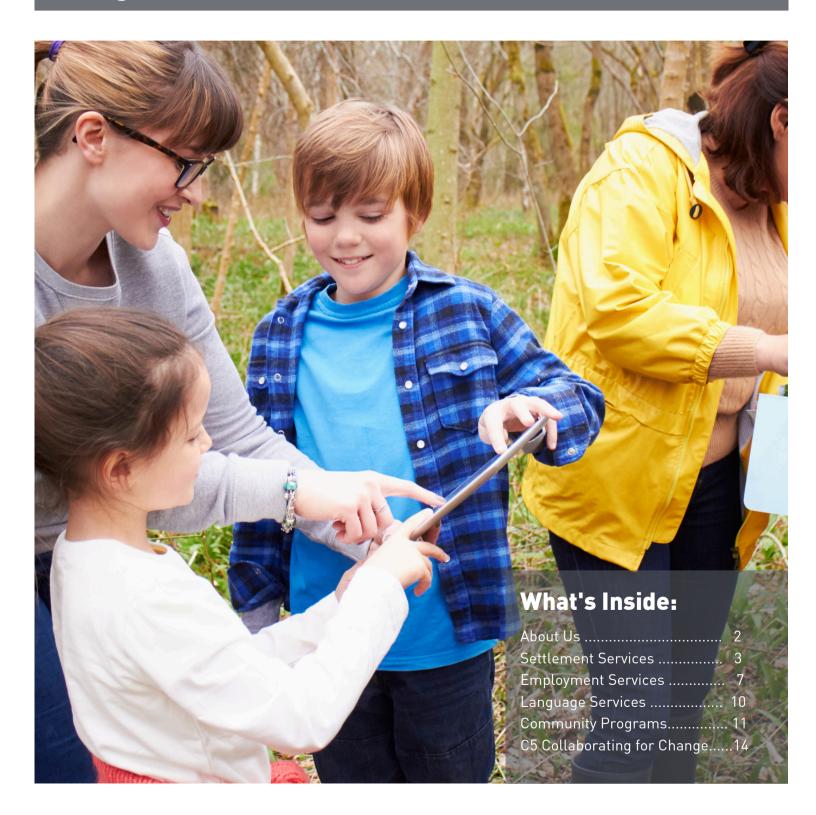


Programs and Services Guide

Fall 2024



Our Story

Supports & Services

Vision

We see a future where many citizens walk with newcomers to bridge their transition into the community.

To achieve this vision, we will serve as key catalysts and lead collaborators in positively shaping the attitudes, behaviours and practices of organizations and individuals to value the diversity newcomers bring to the community.

Mission

To enhance the quality of life for newcomers and all Canadians.

Values

Social Justice Diversity Compassion Responsibility

Who are we?

The Newcomer Centre is a government-funded, registered Canadian charity that has evolved into a large and diverse community agency. The Newcomer Centre was established in 1981 under the direction of a board consisting of appointees from the First Mennonite Church to walk with newcomers in their settlement integration process.

Each year, we serve newcomers from more than 100 countries of origin. Our staff represents a diverse range of languages, faiths, and cultures, and many of us were newcomers who accessed these services ourselves or can personally relate to clients' experiences.

This Guide is an overview of Newcomer Centre's support programs and services.

Settlement Services

Newcomer Settlement Info Sessions
Citizenship Application Info Sessions
Family Sponsorship Info Sessions
Case Management
ESWIS - Enhanced Settlement Workers in Schools
ESWIS - Parents of Children With Disabilities Support Group
Rainbow Refuge

Employment Services

In Motion & Momentum+ (IM&M+)
Employment Language Skills Program for Ukrainian Evacuees
Job Ready
Skill Up

Language Services

LINC - Language Instruction for Newcomers to Canada CNC - Care for Newcomer Children CBCNC - Community-Based Care for Newcomer Children ECALA - Community English ECALA - English for Seniors

Community Programs & Therapeutic Services

Empowered Communities - Ethnocultural Group Capacity Building Global Garden Global Girls Immigrant Women's Integration Network (I-WIN) Therapeutic & Counselling Services Volunteer Services

Settlement Services



Newcomer Centre provides group and one-on-one support to inform and guide newcomer families in accessing resources and services such as:

- Affordable and subsidized housing, income supports and financial services
- Legal aid and health care
- Understanding and accessing government forms, documents and identification
- Affordable transportation and recreation services
- Connection to other community agencies and services



Newcomer Settlement Information Sessions

To help orient newcomers, we offer group information sessions on various topics, including:

- · General overview of Canada and its history
- Local and national sources of information in 15 other settlement areas including rights & freedoms, education, transportation, housing and more.
- Visit www.newcomercentre.com/program/settlement-informationorientation to learn more.



Citizenship Application Info Sessions

Newcomer Centre offers group information sessions for first-time Canadian citizenship applicants.

Sessions hold in-person every 1st Wednesday of the month from 1PM - 3PM MST in person at 10170 112 Street NW 780-424-7709.

After the info session, We can book a personal follow-up session if you're interested.

Register for a Citizenship Application Info Session:

- Call (780) 424-7709
- Email info@newcomercentre.com

"A true community is not just about being geographically close to someone or part of the same social web network. It's about feeling connected and responsible for what happens. Humanity is our ultimate community, and everyone plays a crucial role." - Yehuda Berg



Family Sponsorship Info Sessions

Newcomer Centre offers group information sessions on how to sponsor an immediate family member.

Sessions hold in-person every last Wednesday of the month from 1:30 - 3:00 pm MST at 10170 112 Street NW 780-424-7709.

Register for a Family Sponsorship Info Session:

- Call 780-424-7709 or 780-462-6924 or 780-945-2295
- Email info@newcomercentre.com



Case Management

A newcomer family or individual typically works with a Case Management Counsellor for weeks or months to develop an action plan to reduce identified settlement and integration barriers. With the support of the Case Management Counsellor or a team-based process, newcomers take manageable steps forward in addressing those barriers.

Newcomers are eligible to access enhanced settlement if they are:

- Immigrant Albertans who are Permanent Residents of Canada
- Refugees under the Immigration and Refugee Protection Act with Convention
- Refugee Status (and have been issued a 'Notice of Decision')

Find out more.

- Visit www.newcomercentre.com
- Email info@newcomercentre.com or Call 780-424-7709



ESWIS SWELL Program

ESWIS Social Wellness, Education, Learning & Leadership (SWELL) Program

In addition to workshops and programs offered in collaboration with other service providers, the ESWIS SWELL program is designed for newcomer youth and helps to:

- Address children's developmental needs
- Support healthy lifestyles
- Develop personal life skills

Free sessions held monthly on Thursdays at Centre High Campus, Queen Elizabeth School and Ross Sheppard School for kids in Grades 3 - 6 from 7 to 12 years of age.

To find out more or to access services:

- Visit www.newcomercentre.com/program/eswis
- Email ESWIScoordinator@newcomercentre.com
- Call 780-424-7709



Enhanced Settlement Workers In Schools (ESWIS)

Newcomer families often enroll their children in school, leading to challenges like making new friends, learning English, and understanding the Alberta curriculum. Newcomer Centre helps by making schools welcoming with cultural brokering, counselling, and academic support and also facilitates communication between newcomer families, their communities, and schools.

Newcomer Centre works with school administrators and parents to determine needs on a student-by-student basis. We have established relationships with many schools in the Edmonton area, but we are always available to any school or parent who requires support. As the demand for services changes yearly, so does the list of schools in which our program operates.

To find out more or access services:

- Visit www.newcomercentre.com/program/eswis
- Email ESWIScoordinator@newcomercentre.com
- Call 780-424-7709



Parents of Children with Disabilities

ESWIS Support Group Info Sessions

If you're a newcomer parent with a child with disabilities or underlying health conditions, then join us to find out more on how to access various programs, services and benefits to support your family.

Free info sessions held online on Tuesdays from 1:30 - 3:00 pm MST and offered in collaboration with:

- AISH—Assured Income for the Severely Handicapped
- FSCD—Family Support for Children with Disabilities
- PDD—Persons with Developmental Disabilities
- Glenrose Rehabilitation Hospital
- Alberta Health Services
- Service Canada

- Visit www.newcomercentre.com/program/eswis/eswis-parents-of-childrenwith-disabilities-support-group
- Email ESWISCoordinator@newcomercentre.com to register for a session

We have pioneered support for LGBTQ refugees and positioned Edmonton internationally as a community that welcomes people who are persecuted for their sexual orientation or gender identity in their country of origin.







Rainbow Refuge Program

The Newcomer Centre is here to help LGBTQ+ refugees and newcomers! We offer individualized, holistic services with an LGBTQ+ perspective to guide LGBTQ+ newcomers in their settlement process and address their specific needs and to reduce the number of times a client has to share their story, prevent them from being bounced around, and to help them navigate community safely, and connect to LGBTQ+ friendly services.

We also provide support to:

- Find safe housing
- Access health care including quick access to hormones for trans clients
- · Find affirming spiritual communities
- Look for gender-affirming employers
- Address homophobic incidents
- Connect clients to therapists who are experienced working with LGBTQ+
 individuals and are familiar with immigration processes so they can
 provide private, personalized, therapeutic support.

The LGBTQ+ Refugee Support & Welcome Network, in partnership with the Pride Centre of Edmonton, is also here to help new LGBTQ+ claimants to Canada and guide you through the basis of claim process, answer questions, and support you in your settlement journey.

We can assist you to:

- Find a lawyer and prepare for your hearing
- Apply for a work permit
- Meet new friends

- Visit www.newcomercentre.com/program/rainbow-refuge-program
- Contact Sara 780-399-0501 or sbuczynski@newcomercentre.com
- Contact Basel 587-938-6869 or bhamrah@newcomercentre.com
- Contact Shantavia 587-594-9851 or sroberts@newcomercentre.com

Employment Services



In Motion & Momentum+ (IM&M+)

Is a 13-week, free, action-oriented training program to help stuck individuals move forward at the pre-employment stage of their careers.

This program helps participants with:

- Identifying and building life and employability skills
- · Practicing setting realistic and meaningful goals
- Developing and implementing action plans
- Exploring opportunities and roles to connect with family and community

Building momentum toward achieving your goals

- Developing skills, motivation, and hope for the future
- Providing action planning support and coaching as you move toward your work, learning, and personal development goals

Modular-based programming delivered on the following schedule

- In Motion (3 days a week for 3 weeks): 9AM 3PM
- Momentum (3-4 days a week for 4 weeks): 9AM 3PM
- Momentum+ (1 day a week for 6 weeks): 9AM 3PM

Find out more:

- Visit www.newcomercentre.com/program/in-motion-momentum
- Call 780-424-7709
- Email Karuna at kbhavsar@newcomercentre.com



Job Ready

The Newcomer Centre Job Ready program equips newcomers of all educational backgrounds and levels of experience with employment-related skills and supports to access the Canadian labour market.

Participants receive assistance with:

- Understanding the Canadian workplace culture, Alberta workplace rights and responsibilities
- · Exploring further education and training
- Developing a realistic, strengths-based career plan
- Finding employment, education or volunteer opportunities
- Creating resumes and cover letters
- · Preparing for interviews
- Connecting with local employers

- Visit www.emcn.ab.ca/program/job-ready-programming
- Email Digna at dlopez@newcomercentre.com



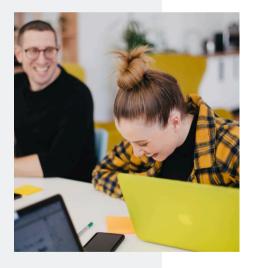
Skill Up

A program to assist newcomers in Alberta to improve their job readiness skills, work placement, job retention, and success in the skilled trades industry. This will be achieved by running a foundational and technical skills training initiative for newcomers who want to enter the construction industry and related trades.

- Bridge the gap for newcomers between their existing skills and education, as well as the needs and requirements of Alberta's job market;
- Offer newcomers the opportunity to prepare for and complete the entrance exam for Alberta's apprenticeship programs; and
- Create a pool of qualified newcomers for employers in Alberta to draw from to fill positions in the trades.

Find out more:

- Visit: www.newcomercentre.com/program/skillup/
- Email: skillup@newcomercentre.com
- Phone: 780-424-7709 or 587-594-5927



Employment Language Skills Program for Ukrainian Evacuees (CUAET Holders)

This 13-week program is a collaboration between the Newcomer Centre and the Government of Alberta to assist Ukrainian individuals facing language barriers to employment through language training, job coaching, essential skills development, and employment support.

This program addresses employment barriers for Ukrainian evacuees by enhancing language proficiency and providing personalized support, aligning with Alberta's efforts to support their integration.

Program Highlights:

- Capacity: 15 students per intake
- In-person class days and times: Monday to Friday from 10 am 3 pm
- Childcare: Available during class hours

Eligibility:

CUAET holder, NOT employed, and has CLB 2-3

- Email Colette at cmatthews@newcomercentre.com
- Email Dinara at dmamutova@newcomercentre.com

Last year, we had 97% completion rate in our NEST program. 48% of the graduates secured employment while 21% went on to further education.



Connecting Ukrainians to Employment (CUE) Program

Provides FREE employment services to Ukrainian evacuees (newcomers) impacted by the ongoing war in Ukraine, and helps build employability skills and transition Ukrainian newcomers into the Canadian workforce and achieve financial independence.

Participants will:

- Explore career and employment options with Newcomer Centre staff and work collaboratively to achieve goals.
- Receive pre-employment and safety training to improve their job search knowledge (i.e. resume, cover letter, interview skills, etc.)
- Receive ongoing support after employment.
- Gain access to employment and networking opportunities.
- Free employment services to Ukrainian evacuees with a CUAET visa
- Receive ongoing support after employment for 90-day

Newcomer Centre offers 2-hour, in-person CUE Welcome Sessions to find out more about the CUE program. Sessions are held every Monday from 10 am-12 pm.

- To register, send an email to: alevytskyi@newcomercentre.com or info@newcomercentre.com or call 780-424-7709.
- Or visit www.newcomercentre.com/program/connectingukrainians-to-employment-cue-program

Language Services

In 2023 - 2024, 77% of learners improved their CLB language level in one or more skill area (reading, speaking and writing).



Language Instruction For Newcomers To Canada (LINC)

Funded by Immigration, Refugees and Citizenship Canada (IRCC), LINC is a free English language training program for eligible adult learners to improve basic and intermediate reading, writing, listening and speaking skills.

Eligibility

CUAET work permit until March 31, 2025, Permanent Resident status, or refugee status..

Find out more:

- Visit: www.newcomercentre.com/program/language-instruction-fornewcomers-to-canada-linc
- Email: LINCAdminTeam@newcomercentre.com
- Call: 780-945-2295



Care For Newcomer Children (CNC)

Our CNC program provides care and learning opportunities to children aged 6 months to 5 years while their parent(s) attend Language Instruction for Newcomers to Canada (LINC) classes. On-site childcare is available at Gupta Newcomer Resource Centre located at 11713 82 ST NW Edmonton.

Find out more:

- Visit: www.newcomercentre.com/program/care-for-newcomers-childrencnc
- Email: LINCAdminTeam@newcomercentre.com
- Call: 780-945-2295



Community-Based Care for Newcomer Children (CBCNC)

According to Alberta Government Subsidy Guidelines:

• Learners in LINC classes anywhere in Edmonton may be eligible for childcare at no cost in a licensed daycare or day home for children aged 5 or younger under the Community-Based Care for Newcomer Children (CBCNC) program.

- Visit: www.newcomercentre.com/program/community-based-care-for-newcomer-children-cbcnc
- Email: Yohannes at yyirsaw@newcomercentre.com
- Call: 780-239-0507



Community English

English as Another Language (EAL) classes are open to people whose first language is not English. Classes are offered in various locations throughout Edmonton.

Eligibility:

The program is best suited for beginner and intermediate English learners.

Find out more or to register:

- Visit: www.newcomercentre.com/program/community-english
- Email: LINCAdminTeam@newcomercentre.com
- Call: 780-945-2295



English For Seniors

English classes for seniors aged 55 years and older - residency status not considered. Classes run throughout the year at various locations around Edmonton. We have both face-to-face and online classes. English as Another Language (EAL) classes are open to people whose first language is not English. Classes are offered in various locations throughout Edmonton.

This program is best suited for beginner and intermediate English learners.

Eligibility

• All learners can attend.

To learn more or to register:

- Visit: www.newcomercentre.com/program/english-for-seniors
- Email: LINCAdminTeam@newcomercentre.com
- Call: 780-945-2295

Community Programs



Empowered Communities Ethnocultural Group Capacity Building

This program partners with ethnocultural community groups and organizations to develop their capacities and access resources to meet their goals.

We use an empowering process that engages strengths and assets to build community and organizational capacity. Our team meets with your group to learn more about your goals and what you do, and areas where we can support you. We will work with you and connect you to other resources to help you accomplish your goals.

- Ethnocultural community groups benefit from:
- Support to identify community needs and priorities, and plan ways to address them
- Program design, delivery and evaluation support
- Coaching and workshops in board development, strategic planning, grant writing, community engagement, volunteer recruitment, and more
- Invitations to community events to share with their members
- Access to regular workshops on organizational development

Find out more:

- Visit: www.newcomercentre.com/program/community-leadership/
- Email: Mubarik at madams@newcomercentre.com
- Email: Ram at rsharma@newcomercentre.com
- Call 780-424-7709



Volunteer Services

Our volunteers are the backbone of the Newcomer Centre, sharing their passion for making a difference in our community. Together, we support newcomers to build their lives in Edmonton and thrive here.

Join our team of exceptional volunteers today:

Visit www.newcomercentre.com/volunteer

Community Programs



Global Garden

Global Garden engages newcomer and Canadian-born gardeners to work together and learn from each other by growing vegetables, flowers and fruit on our plots at Edmonton Urban Farm. Each growing season, gardeners plan, prepare, plant, maintain and harvest a community garden together. Global Garden offers opportunities to meet new people, spend time outdoors, share knowledge and learn from others, and enjoy fresh produce.

For more information:

- Visit: www.newcomercentre.com/program/global-garden
- Email: Candice Joy at cjoliva@newcomercentre.com or Call: 780-424-7709

NOTE: The Global Garden program is full for this year. To join the waitlist for next year, please email Candice Joy.



Global Girls

Global Girls is a safe and supportive space for 15–21-year-olds who identify as a girl, woman, or femme to make new connections, build their self-confidence, and explore their identity. This weekly drop-in program is driven by participants' interests and needs. It runs mostly in-person at Newcomer Centre – Downtown on Saturday afternoons from October-June with monthly online sessions on Thursday evenings.

Activities include; arts and crafts, movie nights, baking, dance workshops, gardening, cultural exchange, volunteering at community events, resume building, career exploration, field trips, and more!



For more information and to register:

- Visit Visit www.newcomercentre.com/program/global-girls
- Email globalgirls@newcomercentre.com
- Email globalgirls@newcomercentre.ca or Call 780-399-0484



Immigrant Women's Integration Network (I-WIN)

I-WIN empowers women to create their envisioned lives in Canada by connecting them with the community and providing employment, settlement support, and tools

to realize their talents and passions. Classes are offered virtually and in person.

Participant eligibility:

- Possess education or professional experience in their home countries
- Be a female permanent resident or refugee claimant
- Possess language proficiency of Canadian Language Benchmark 4 or higher in speaking and listening

For more information:

- Visit www.newcomercentre.com/program/i-win
- Email iwin@newcomercentre.com

Newcomer Center therapy team served 985 clients of which 638 identified as female, 242 identified as male and 105 identified as transgender.



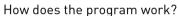
Therapeutic & Counselling Services

Newcomers to a new country face challenges that can lead to high stress, isolation, role shifts, financial difficulties, marital problems, and parent-child conflict. They may also carry trauma from their past, leading to PTSD, depression, and anxiety, which can impede their integration. Newcomer Centre provides community-focused therapy and counselling to address these challenges.



Newcomer Centre's therapeutic services team members are:

- Highly-trained psychologists, licensed therapists and social workers
- Trauma-informed therapy practitioners who consider cultural perspectives, immigration processes, and gender expectations and expressions



- To overcome barriers to accessing services, we offer therapeutic services in different Edmonton office locations, schools, and homes (when feasible).
- Interpretation services can also be made available.
- We recognize that building resilience and overcoming trauma and loss includes more than traditional therapy. Our therapeutic services are embedded in the larger agency; therapists connect newcomers to social workers and other services to enhance their resilience and ability to function in their new environment.
- NOTE: sessions are by appointment only. No walk-ins.



Fees and eligibility:

- There is no fee/cost for Newcomer Centre's therapeutic and counselling services.
- Immigrants and refugees born outside of Canada, regardless of the length of stay in Canada (immigration status), are eligible.
- Children under 18 years of age of parents born outside of Canada are also eligible.



Locations:

- Downtown at 10170 112 Street NW
- Gupta Newcomer Resource Centre 11713 82 Street NW
- Welcome Centre for Immigrants (WCI)
 200, Tower II, Millbourne Market Mall 7609 38 AVE NW
- Online services are available as well.

For more information:

- Visit www.newcomercentre.com/program/therapeutic-counselling-services
- Email therapy@newcomercentre.com
- Call 780-424-7709 or 780-695-7473





C5 organizations support and empower:

- Indigenous individuals and families
- Some of the most economically, socially, and culturally marginalized children, youth and adults in the Edmonton area
- Newcomers, immigrants and refugees
- Vulnerable children and their families
- Teen parents



C5 Northeast Hub brings many supports into one place.

Life and living in Edmonton can be complicated at times to navigate, and families are often unable to access available supports. The C5 collaborative is dedicated to breaking down those navigational barriers so community members can get exactly where they need to go!

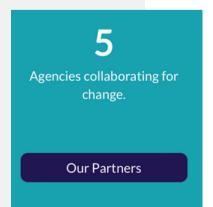








14017 Victoria Trail NW Edmonton, AB T5Y 2B6 780-456-1484









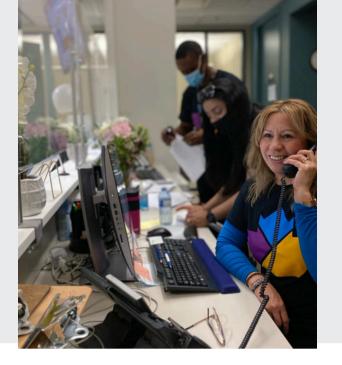




Notes

www.emcn.ab.ca

CONTACT



Downtown Office

10170 112 Street NW Edmonton, AB T5K 2L6 (780) 424-7709 8:30 am - 4:30pm / Mon - Fri

Gupta Newcomer Resource Centre

formerly called EMCN Language Centre

11713 82 Street NW Edmonton, AB T5B 2V9 (780) 945-2295 8:30 am - 4:30 pm / Mon -Fri

Welcome Centre for Immigrants (WCI)

200, Tower II, Millbourne Market Mall 7609 38 Ave NW, Edmonton, AB T6K 3L6 (780) 462-6924 8:30 am - 4:00 pm / Mon - Fri

C5 North East Hub

14017 Victoria Trail NW Edmonton, AB T5Y 2B6 (780) 456-1484 9:00 am - 4:00 pm / Mon - Fri